



Cleveland Clinic Children's Lakewood High School Medical Clinic

Comprehensive care, convenient location

What We Are

For academic success, children need to feel well physically and mentally. Recognizing this key link between learning and health, Cleveland Clinic Children's and the Lakewood Board of Education partnered in 2018 to launch an innovative in-school medical clinic to serve the students and employees of Lakewood City Schools.

The clinic is located in Lakewood High School. It is open to enrolled students of all grades and is staffed with a team of Cleveland Clinic Children's physicians and advanced practitioners who provide a wide range of medical and behavioral health services during the school day. Their goals are to make it easier to access care and to improve fitness, well-being, school attendance and classroom participation.

What We Do

The clinic's services include:

- › Well-child care and check-ups.
- › Immunizations.
- › Sports physicals.
- › Treatment of minor ailments.
- › Pediatric psychiatry and mental health counseling.
- › Adolescent reproductive care.
- › Lab tests.
- › Teen Health Center — where adolescents ages 12 to 19 can have confidential discussions with medical staff about topics such as sexuality, peer pressure, anger issues, drug use, anxiety and depression.

What We've Accomplished So Far

In our first year of operation, the clinic:

- › Treated more than 650 patients in more than 1,600 visits.
- › Provided help for students with acute physical or mental health needs, including a safe space for those in crisis.
- › Established close collaboration between our mental and physical health provider teams, for coordinated care.
- › Conducted group-therapy sessions to connect students with their peers.
- › Held monthly interdisciplinary meetings with school personnel and community mental health providers to create individual treatment plans and ensure ongoing care.
- › Obtained grant funding for a staff position to help students and parents navigate the behavioral health system.
- › Added social work students and medical residents to increase our caregiving capacity.

What's Next

As we look to the future, these are some of our near-term priorities:

- › Reevaluating the clinic's physical space to increase capacity and protect patient privacy.
- › Evaluating our progress and identifying gaps in service.
- › Adding telemedicine technology to connect the clinic with additional students in the Lakewood district.
- › Conducting screening for physical and mental health, gender identity issues and trauma, to reduce barriers to care.
- › Increasing contacts with students' and patients' homes and families to improve care and promote health.
- › Strengthening our connections with community mental and physical health resources.

