



Cleveland Clinic

The Stanley Shalom Zielony Institute
For Nursing Excellence

Lee Anne Siegmund PhD, RN, CEP

RESEARCH AND PUBLICATIONS

2020:

Siegmund LA. Social media in Occupational Health: Helpful or Harmful? [In press, April, 2020]. Workplace Health Safe.

Rives S, Shamailov M, **Siegmund LA.** A continuous improvement project to decrease CLABSI rates: what does a success story look like? [In press, December, 2020]. MedSurg Nurs.

Anderson CQ, Wechter E, **Siegmund LA.** Caring for patients with glycogen storage disease type I: Do you know the signs? J Nurs Pract. 2020; 16(6): 442-446. doi: <https://doi.org/10.1016/j.nurpra.2020.02.025>

Elnaggar A, Park VT, Lee SJ, Bender M, **Siegmund LA,** Park LG. Patients' Use of Social Media for Diabetes Self-Care: Systematic Review. J Med Internet Res. 2020; 22(4):e14209. doi: 10.2196/14209

Siegmund LA, Hamilton, A, & Nespeca T. Incidental findings coordinator: A new role for the nurse practitioner? Online J Issues Nurs. 2020; 25(2). doi:10.3912/OJIN.Vol25No02PPT5422

2019:

Siegmund LA. "Like us on Facebook": Nursing in a world of social media. J Radiol Nurs. 2019; 38: 183-187. <https://doi.org/10.1016/j.jradnu.2019.06.003>

Siegmund LA & Gornik HL. Fibromuscular dysplasia: Recognition and management. J Nurs Pract. 2019; 15(2): 177-182.

2018:

Siegmund LA. & Gornik, H. (in review). Fibromuscular Dysplasia: Recognition and Management.

Rose C. & **Siegmund LA.** SNAP: A Hand Hygiene Campaign that Improves Compliance & Fosters a Just Culture. Prevention Strategist. 2018; 11(3):73-76

Siegmund LA, Albert N, McClelland M, Bena J, Morrison S. Functional Capacity but not early uptake of cardiac rehabilitation predicts readmission in patients with Metabolic Syndrome. J Cardiovasc Nurs. 2018; 33(4): 306-12. doi:10.1097/JCN.0000000000000454.

Siegmund LA. Social media: The next research frontier. Clin Nurs Spec. 2018; 30(2):60-6.



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2017:

Siegmund LA, Ahmed H, Crawford M, Bena J. Feasibility of a Facebook intervention for exercise motivation and cardiac rehabilitation adherence: Study protocol. JMIR Res Protoc. 2017; 6(8), e162.

Siegmund LA, Naylor J, Bena J, McClelland M. The relationship between Metabolic Syndrome and adherence to cardiac rehabilitation. Physiology and Behavior. 2017; 169: 41-45. doi:10.1016/j.physbeh.2016.11.005.

2016:

Burchill, CN, McClelland, M, **Siegmund, LA**. Concerns with medical and pharmacy costs for new hire nurses following a physical strength evaluation screening in a large health system. Workplace Health and Safety. 2016; 64(11): 520. doi: 10.1177/2165079916670408

2014:

Siegmund LA, Naylor J, Santo A, Barkley JE. The effect of a peer on VO₂ and game choice in 6-10 year old children. Frontiers in Physiology, 2014; 5:202. doi:10.3389/fphys.2014;00202.

Siegmund LA, Peer KS, Knapp D, Barkley JE. The acute effects of local vibration with biomechanical muscle stimulation on low back flexibility and perceived stiffness. Athletic Training and Sports Health Care. 2014; 6(1): 37-45. doi:10.3928/1942586420140115-01.

PRESENTATIONS

"Symptoms predict lower quality of life in patients with fibromuscular dysplasia". **Siegmund, LA**. Preventive Cardiology Nurses Association. Apr. 2020. **First Place for Original Research**. Virtual conference.

"Understanding Facilitators of Cardiac Rehabilitation Completion in Women: A Grounded Theory Approach". **Siegmund, LA**. American Heart Association: Epidemiology and Lifestyle. Phoenix, Az. Mar. 2020.

"History of stroke and symptoms predict lower quality of life in patients with fibromuscular dysplasia". **Siegmund, LA**. International Stroke Conference. Los Angeles, Ca. Feb. 2020.

"Epilepsy and Exercise". **Siegmund, LA**. Empower Epilepsy Conference. Cleveland, Oh. Oct. 2019.



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"An innovative social media intervention for cardiac rehabilitation adherence: A feasibility study". **Siegmund LA**, James Bena, Shannon Morrison. Academy of Medical Surgical Nurses. Chicago, Illinois. Sept. 2019.

"The future of social media in nursing." **Siegmund LA**. American Academy of Ambulatory Care Nurses. Palm Springs, Ca. May, 2019.

"Clinically significant incidental findings: whose responsibility is it?" **Siegmund LA**. National Association for Healthcare Quality. Minneapolis, Mn. November 2018.

"Like us on Facebook: The future of social media research". **Siegmund LA**. 14th Annual Nursing Research Conference. Cleveland, Oh. May 2018.

Poster: "Feasibility of a Facebook intervention for exercise motivation and cardiac rehabilitation adherence". **Siegmund LA**, Ahmed, HA, Crawford, M, Bena, J. Midwest Nursing Research Society. Cleveland, Oh. April 2018.

"Using the EMR for research". **Siegmund LA**. Nursing Research and Innovation Workshop. Medina, Ohio. March 2018.

March 2018. "Starting your project, from question to design" and "Using the EMR for research." **Siegmund LA**. Nursing Research and Innovation Workshop. Mayfield Hts, Ohio.

March 2018. "Starting your project, from question to design" and "The role of the nurse in research and evidence-based practice." **Siegmund LA**. Nursing Research and Innovation Workshop. Mayfield Hts, Ohio.

March 2018. "Starting your project, from question to design" and "The role of the nurse in research and evidence-based practice." **Siegmund LA**. Nursing Research and Innovation Workshop. Medina, Ohio.

Invited speaker: "Underutilization of Cardiac Rehabilitation: Overcoming barriers and improving outcomes." **Siegmund LA**. American Heart Association. Anaheim, Ca. November 2017.

"Recognition and Treatment of Metabolic Syndrome". Cleveland Clinic Endocrinology and Metabolism nurses. **Siegmund LA**. July 2017.

"Challenges and Pitfalls of Big Data". 13th Annual Nursing Research Conference. **Siegmund LA**. May 2017.

"Addressing the Problem of Patient Adherence through Research". 13th Annual Nursing Research Conference. **Siegmund LA**. May 2017.



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Poster: "Predictors of Readmission in Phase II Cardiac Rehabilitation Patients with Metabolic Syndrome". **Siegmund LA**, McClelland, M., Bena, J. American Association of Ambulatory Care Nurses Annual Conference. New Orleans. May 2017 and American Association of Cardiovascular and Pulmonary Rehabilitation 32nd Annual Meeting. Charleston, SC. October 2017.

Poster: "Predictors of Readmission in Phase II Cardiac Rehabilitation Patients with Metabolic Syndrome". **Siegmund LA**, McClelland, M., Bena, J. American College of Sports Medicine Annual Meeting. Denver. May 2017.

"Metabolic Syndrome and Cardiac Rehabilitation: Uptake and Adherence." Goldbag Seminar. Case Western Reserve University. **Siegmund LA**. February 2017.

"Women and exercise: a prescription for health." **Siegmund LA**, guest faculty. Primary Care Women's Conference, The Cleveland Clinic: Women and Obesity

Editorials

Burchill, CN, McClelland, M, **Siegmund, L**. Concerns with medical and pharmacy costs for new hire nurses following a physical strength evaluation screening in a large health system. *Workplace Health and Safety*. 2016. 64(11): 520. DOI: 10.1177/2165079916670408

Abstracts

Siegmund LA, McClelland M, Naylor J, Bena, J. Elevated Triglycerides Predict Poor Adherence to Cardiac Rehabilitation in Patients with Metabolic Syndrome. *Medicine and Science in Sports and Exercise*. 2016. 48(5S). American College of Sports Medicine Annual Meeting. Boston, Mass. June 2016.