



Cleveland Clinic

The Stanley Shalom Zielony Institute
For Nursing Excellence

Karen Distelhorst, PhD, APRN, GCNS-BC

Research and publications - 2020

Distelhorst, K. *Transitional care, neighborhood disadvantage, and heart failure hospital readmissions: A moderated mediation analysis.* Kent State University (January 2020-March 2020).

Distelhorst, K., Adams, K, Lopez, R., Tang, A. & Burchill, C. *Health Care Utilization and Neighborhood Disadvantage in Vulnerable Patients with Food Insecurity.* Cleveland Clinic Health System & Center for Populations Health Research. (July 2019-January 2020).

Distelhorst, K., Bena, J., Morrison, S. & Albert, N. (2020). Factors Associated with Pre- versus Post-Discharge Scheduling for Early Follow-up Appointments. *Journal of Cardiovascular Nursing*, doi: 10.1097/JCN.0000000000000685. Online ahead of print

Research and presentations - 2019

Distelhorst, K., Lybrook, T. & Shaikh, J. (2019, April). *Effect of earplugs on quality of sleep in hospitalized patients.* Podium and poster presentation, Annual Clinical Research Conference, Cleveland, OH.

Tai, H. & **Distelhorst, K.** (2019, May). *Keeping No-Show and Admission Rates Low.* Poster presentation at American Academy of Ambulatory Care Nurses Annual Conference, Palm Springs, CA.

Publications and Presentations – 2018

Distelhorst, K., Claussen, R., Dion, K., Bena, J., Morrison, S., Walker, D. Tai, H. & Albert, N. (2018). Factors Associated with Adherence to 14-day Office Appointments After Heart Failure Discharge. *Journal of Cardiac Failure*, 24 (6).

Wyss, L. & **Distelhorst, K.** (2018, October). Putting Theory to the Test in Culturally Diverse Clinical Settings. Panel discussion, Annual Conference of the Transcultural Nursing Society, San Antonio, TX. [International].

Publications and Presentations – 2017

Simon, J., Vanderbilt, A. & **Distelhorst, K.** (2017). Geriatrics. In Modic, M. & Canfield, C (eds.). *Navigating Your Hospital Stay: A guide written by expert nurses.* Pennsauken, NJ: BookBaby.

Distelhorst, K. & Claussen, R. (2017, September). *Factors Associated with Adherence to Early Follow-up Appointments in Heart Failure.* Podium and poster presentation, Heart Failure Society of America Annual Scientific Meeting, Grapevine, Texas.

Albert, N. M. & **Distelhorst, K.** (2017, September). *Association of Early Post-Discharge Visit after Heart Failure Admission and 30-day Post-Discharge Outcomes.* Poster presentation, Heart Failure Society of America Annual Scientific Meeting, Grapevine, Texas.



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Distelhorst, K. (2017, April). *Factors Associated with Adherence and Scheduling of Early Follow-Up Appointments in Heart Failure*. Podium and poster presentation, Annual Clinical Nursing Research Conference, Cleveland, OH