



Healthy Strides... Come walk with us

is a casual 2 mile walk on paved trail, preceded by a brief informative talk by Cleveland Clinic physicians, caregivers and community partners.

FREE to attend. No registration required.

Contact Information

Call (216) 312-5640 with any questions.

Date: Every Saturday

Time: 8:30 a.m.

Location/Address:

Cleveland MetroParks

Mill Stream Run Reservation

Valley Parkway

Strongsville, OH 44136

**Meet at the Bonnie Park Picnic Pavilion*