



Instructions for Surgery

We understand you may be anxious about your surgery. Knowing what to expect and having a better understanding of hospital procedures can help eliminate some of your fears. At Medina Hospital, we have a concerned staff committed to giving our patients the best care. It is critical that you read all of the information before arriving at the hospital. This brochure was designed so you will be properly prepared for your tests and surgery. We want your experience at Medina Hospital to be as comfortable and pleasant as possible.

Important Notice

Failure to follow the guidelines outlined in this brochure could result in the delay or cancellation of your procedure. Please call 330.721.5959 if you have any questions or concerns.

Testing Before Your Surgery

We Will Contact You

Patients who require pre-surgery testing will be contacted to schedule this mandatory appointment. If you are unsure whether you need testing before your surgery, call 330.721. 5959.

Reporting to the Hospital for Testing

You will be instructed to report to Pre-Admission Testing or Admitting for your pre-surgery testing. Both are located on the first floor of the hospital.

Bring Your Forms

Please read, complete and bring all the forms from your doctor's office with you. Forms may include:

- Pre-Admission Insurance Form
- Surgery Consent Form
- Anesthesia Evaluation Form
- Medication Diary or List of Current Medications and Dosages

During Your Testing

Upon arrival at Pre-Admission Testing, you will:

- Meet with your Pre-Admission Testing nurse
- Be given a brief physical examination
- Review your medical history and medications
- Receive pre-surgery tests ordered by your physician

During testing, please ask your nurse any questions or concerns you might have about your surgery.

Preparing for Surgery

It is crucial that you follow these guidelines. We want you to be as comfortable as possible during your stay, so please ask any questions or concerns that you may have.

DO NOT

- Smoke: refrain from smoking for as long as possible before surgery
- Take herbal medications: discontinue at least two weeks prior to surgery
- Take weight reduction medications: discontinue at least two weeks prior to surgery

DO

- Ask about Medications: ask your surgeon if and when you should stop taking blood thinners, aspirin or anti-inflammatory medications before surgery
- Arrange a ride home: for outpatient surgery, driving is not permitted during the first 24 hours after surgery if you had general anesthesia or sedation
- Plan to rest at home: same-day surgery does not mean same-day recovery – proper rest helps you recover as soon as possible
- Bring Your Paperwork: please locate a copy of your Living Will and/or Durable Power of Attorney for Medical Care to bring with you, if you have them

The Night Before Surgery

DO NOT

- Eat or drink after 11 PM : the ONLY exception is to take physician-approved medications with small sips of water – anything else that passes through your mouth is strictly prohibited, including breath mints, gum or any other type of drink

Failure to comply could result in the delay or cancellation of your surgery

DO

- Shower or bathe: washing reduces the risk of infection during your surgery
- Get a good night's sleep: a rested body handles the stress of surgery better

The Day of Surgery

DO NOT

- Take Insulin, diabetic pills or diuretics on the day of surgery, unless instructed by your physician
- Wear any form of jewelry, makeup or nail polish: these are prohibited during surgery
- Bring Valuables: leave money and other valuables at home

DO

- Take prescribed medications: use small sips of water to take approved medications
- Wear glasses and hearing aids: if you wear contact lenses, bring a lens case to store contacts during surgery

Reporting for Surgery

DO NOT

- Report to Admitting/Patient Registration: you do not need to report to this area

DO

- Use Entrance A: enter at the back of the hospital, where there is a covered patient drop-off area
- Park in adjacent P\parking lot: parking is free at Medina Hospital
- Use the elevators inside Entrance A, the elevators are in front of the entrance doors: take elevators to the first floor
- Report to Surgery Information Desk on the first floor, in front of you as exit the elevator: check in at the Surgery Information Desk

Your Surgery Schedule

Your physician has scheduled you for:

- ☐ Inpatient Surgery
- ☐ Outpatient Surgery

Date of Surgery

Time of Surgery

Time to Arrive

Other Instructions

Note

Your surgery time is subject to change. Surgery Scheduling will call one business day prior to your procedure with a current surgery time. If you are not notified by 3 pm the day before, call 330.721.5972.

Children Having Surgery

• What Your Child May Eat or Drink

Birth to 6 Months—no solids or milk after midnight: clear fluids such as water, apple juice, fruit punch and cranberry juice are allowed up to four hours before surgery

- 6 Months to 5 Years – no solids or milk after midnight: clear fluids such as water, apple juice, fruit punch and cranberry juice are allowed up to six hours before surgery
- Over 5 Years – nothing by mouth after midnight

DO

- Bring a comforting item: a favorite toy, blanket or stuffed animal is permitted
- Sign consent forms: forms must be signed by a parent or legal guardian for patients under the age of 18, unless they are legally emancipated minors
- Plan to stay with your child: parents can stay with their child before and after surgery however visitors in the recovery area are limited