



Cleveland Clinic Cancer Center at Hillcrest Hospital

Part of the top-ranked cancer program in Ohio.

Accredited as a
Comprehensive Cancer
Center by the Commission
on Cancer, an affiliate of
the American College of
Surgeons.

When cancer is the diagnosis...

Confidence and hope come from knowing that advanced medical treatment is being provided by highly skilled and compassionate professionals. That's why so many people choose the Cleveland Clinic Cancer Center at Hillcrest Hospital.

Cancer Center personnel consists of Cleveland Clinic physicians, certified oncology nurses, advance practice nurses, pharmacists, radiation therapists and other professionals.

Our commitment to providing high quality compassionate care from diagnosis, to treatment, and through survivorship is indicated by our over 30 year successful uninterrupted accreditation by the American College of Surgeons' Commission on Cancer.

Prevention

A healthy diet and lifestyle can reduce the chance of developing some forms of cancer. Cleveland Clinic provides a series of programs that can help:

- **Tobacco Treatment Clinic** – The Cleveland Clinic Taussig Cancer Institute offers assistance to cancer patients who want to quit smoking and improve their health. To contact the treatment program call the Cancer Answer Line at 866.223.8100.
- **Screening Services** – Community programs and clinical services for breast, skin, prostate, lung and colorectal cancers.
- **Wellness Seminars** – Featured topics cover a range of controllable risk factors and lifestyle changes, such as nutrition, exercise and environment.

Early Detection and Diagnosis

Hillcrest Hospital Cancer Center offers advanced technology for early and accurate diagnosis including:

- CT Scan
- PET/CT Scan
- Ambient MRI (Magnetic Resonance Imaging)
- Nuclear of Isotope (bone) Scan
- Digital Mammography
- Colonoscopy

Treatment

Cleveland Clinic medical, radiation, gynecologic (GYN) and urologic oncologists work in partnership with surgical specialists to provide patients with the highest level of comprehensive care. A superior team of health professionals support physicians in the coordination of patient care. When a hospital stay is required, the Hillcrest inpatient oncology unit is dedicated to the unique needs of cancer and blood disorder patients. All patients receive individual consultations with their oncologist and other medical staff to ensure that they understand their individualized treatment plans.

Surgery

Surgery was the first form of cancer treatment and continues to be a vital part of diagnosing and treating cancer. Surgeons renowned for their training and skills utilize clinical advances in non-invasive and invasive surgical techniques to improve patient outcomes. For many cancers that have not spread to other body parts, surgery is the most likely possibility for a cure.

- Hillcrest Hospital surgical oncologists specialize in GYN, breast and urological cancers.
- Hillcrest Hospital is the only community hospital on the east side of Cleveland to offer robotic surgery for prostate and GYN cancers. Robotic surgery offers the benefits of smaller incisions, a shorter hospital stay and a faster recovery.

Medical Oncology and Hematology

Infusion and chemotherapy services are provided under the direct supervision of medical oncologists and administered by oncology certified nurses.

- Each patient undergoing active chemotherapy is offered an individualized consultation with a clinical pharmacist or clinical educator. This allows the patient and family members the opportunity to fully understand the administration of a chemotherapy regimen and common side effects of their treatment.
- Individual treatment areas feature reclining chairs and televisions for personal privacy and comfort
- Hematology services for blood diseases are also offered.





Radiation Oncology

Radiation oncologists, medical physicists, dosimetrists, therapists and oncology certified nurses carefully assess, calculate, and administer the appropriate dose of radiation needed for effective results.

- Radiation therapy delivers small doses of intense radiation that destroy cancer cells or keep them from growing.
- Radiation technologies allow for accurate and effective treatment planning
 - **CT Simulator**
 - **Intensity-Modulated Radiation Therapy and Image Guided Radiation Therapy** are methods of concentrated radiation treatment with the goal of directing radiation to the tumor while sparing normal, healthy tissue and reducing side effects.
 - **Brachytherapy** is the injection of radioactive seeds directly into the diseased area, an alternative to surgery or daily radiation.
 - **Mammosite applicator** delivers radiation directly to the area surrounding the tumor in breast cancer patients considering lumpectomy.

Gynecologic Oncology

Gynecologic (GYN) oncologists undergo special training and certification in surgery, chemotherapy and GYN cancers. Advanced practice nurses and oncology certified nurses assist them on the treatment of cancers of the cervix, uterus, ovaries, fallopian tubes, vagina and vulva.

- Hillcrest Hospital has the only GYN Oncology program on the east side of Cleveland.
- Services include minimally invasive surgery and coordination of additional treatment.
- This highly specialized team of clinical professionals understands and addresses the various impacts of cancer on a woman's life including sexuality, child bearing, and emotional well-being.

Urologic Oncology

Our urologists provide leading edge treatment for kidney, prostate, bladder and testicular cancers, using a multidisciplinary approach to care, as well as the latest technology. Services include robotic surgery for prostate, kidney and bladder cancer.

Supportive Services

A variety of unique services at Hillcrest Hospital are designed to enhance the care of cancer patients and their families:

Clinical Research – Physicians are dedicated to providing patients innovative cancer treatment options. Hillcrest Hospital participates in numerous local and national research efforts designed to answer scientific questions and determine if promising new therapies are safe and effective. Through Cleveland Clinic's Taussig Cancer and Women's Health Institutes, patients gain access to treatments usually available only at major medical educational institutions in a community setting.

Hereditary Cancer Risk Assessment – A genetic counselor meets with individuals concerned about their family or personal history to assess their cancer risk. Genetic testing may be offered, and if necessary, screening and management strategies are implemented.

Financial Services – A financial counselor is available for uninsured or under-insured patients. A reimbursement specialist can assist with insurance verification and precertification.

Social Services – Support groups and community resources create a support system for each patient. An oncology social worker is available to assess and support the psychosocial needs of the cancer patient. One-on-one counseling sessions are also available for patients and their family.

Cancer Resource Library – In collaboration with the American Cancer Society, over 500 books, magazines, videos and brochures on cancer information, cancer programs and services, survivorship, and referrals to community resources are available in the Cancer Center.

Dietary Consultation – A registered dietician assesses and educates patients on healthy nutrition during and after treatment.

Rehabilitation – Services include physical, occupational and speech therapy services.

Pain Management – Options are available that include medications and medical care that eliminates or reduces pain associated with symptoms related to cancer.

Tumor Registry – The tumor registry ensures that the hospital's cancer program is approved by the American College of Surgeons Commission on Cancer and is vital in providing information on the occurrence of cancer and outcomes of treatment.

Transportation – Transportation can be difficult for people who are undergoing cancer treatments. We are pleased to offer courtesy round-trip van service to those patients in Cuyahoga County who qualify. Please ask your nurse or physician for information if you are interested in this service.

Palliative Medicine – Palliative Medicine is a medical specialty which may be appropriate at any point in persons affected by cancer or a chronic illness. It is focused on relief of symptoms and quality of life, and, when appropriate, end-of-life care.

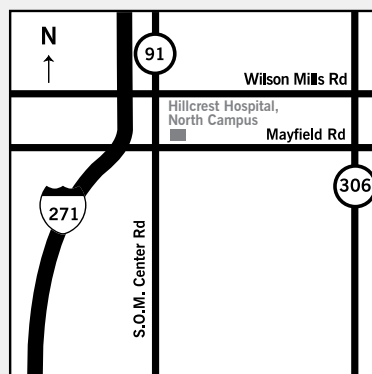
Community Outreach – Hillcrest Hospital partners with local organizations to promote cancer prevention, early detection and survivorship.

Spiritual Care – Representatives from various denominations are available to meet patients' spiritual needs.

Special Conveniences – Complimentary services include valet parking, free lunch or a snack, musical entertainment, high tea and more.

To schedule an appointment with a physician in the Cleveland Clinic Cancer Center at Hillcrest Hospital, call 216.444.HOPE (4673).

For health information on prevention, early detection and treatment visit hillcresthospital.org/cancer



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