



## Bringing wellness to you

### **Cleveland Clinic Akron General's Community Access & Wellness**

Akron General has been using wellness as medicine for more than two decades. As Summit County's premier health and wellness provider, we understand the importance of prevention and focusing on improvements. That's why we emphasize education, screenings, classes and other engaging programs, like LifeStyles - all designed to help build and maintain a healthy lifestyle.

With Health & Wellness Centers located in Bath, Green and Stow, community members can take advantage of our many low-cost screenings, nutrition and weight management services, as well as meeting spaces, speaker's bureau and more.

### **Corporate and community health**

In an effort to help keep our communities healthy, we have been taking our wellness programs and health screenings onsite to local corporations as well as community organizations. Our offerings include:

- Biometric screenings/education
- Diabetes screenings/education
- Bone density screenings/education
- Heart and vascular screenings/education
- And more
- Health and wellness coaching
- Health risk assessments
- Programs to reduce risk
- On-site fitness classes

# Bringing wellness to you



## Health & Wellness Express mobile unit

We have expanded our services through a broader-based mobile, wellness focused program for corporations and organization – Health & Wellness Express.

Our Health & Wellness Express mobile services include:

- Employment physicals
- Women's health exams
- Onsite medical clinic
- Wellness and nutrition education classes
- Health screenings
- And more

To inquire about the availability of our Health & Wellness Express mobile unit, call 330.344.4BUS (4287).

For more information about how Cleveland Clinic Akron General can work with you, your company or organization, or to discuss your interest in our expanded services, contact:

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