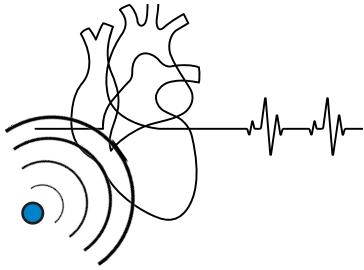


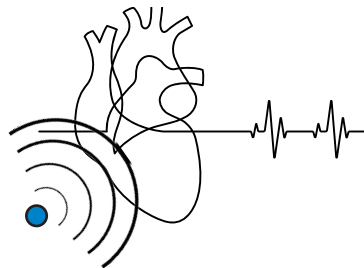
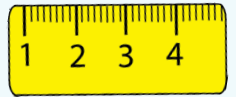
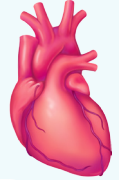
— What is an Echocardiogram? —



Echocardiogram

An **echocardiogram (echo)** is a test to check:

- How your heart and heart valves are working
- How well your heart is pumping blood
- The size of the 4 chambers of your heart
- If you have any growths in your heart
- How well your plan of care is working



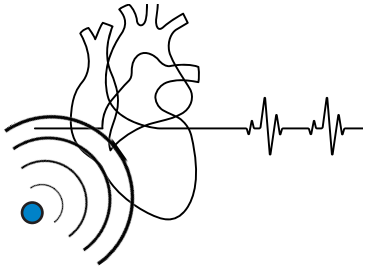
Echocardiogram Test Preparation

How do I prepare for the test?

- No changes to eating and drinking
- Take all your normal medications
- Wear anything you like. You will wear a hospital gown for the test



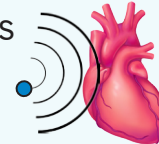
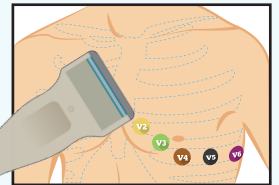
— What is an Echocardiogram? —



How is the test done?

How is the test done?

- You will lie on a special table
- Three small, sticky patches are put on your chest to record your heartbeat (rate and rhythm)
- You will lay on your left side
- The person doing the test will put gel on the end of a wand
- He or she will move the wand over your chest. The gel may feel cool on your skin.
- The wand sends sound waves (ultrasound) to a machine. You will hear noises and see pictures of your heart on the echo screen.
- You may need to change positions and hold your breath at times
- The test does not hurt



How long does it take?

How long does the test take?

- The test takes about 1 hour



How do I get the results of my test?

How do I get the results of my test?

- A cardiologist will read your test results and send them to your doctor.
- Your doctor will talk to you about the test results

