

Treatment for Valve Disease



Medical Treatment

- See your doctor for regular appointments
- Take all medicine like your doctor tells you to
- Don't smoke
- Eat healthy foods
- Exercise
- Control your blood pressure



Surgery

- Fix your valve
- Put in a new valve
- There are different kinds of valve surgery
 - Traditional surgery = a bigger incision
 - Minimally invasive = smaller incisions

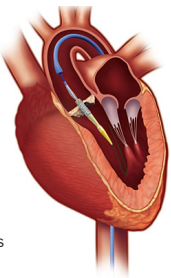
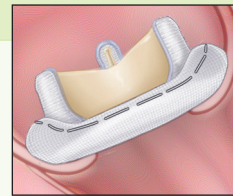


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Catheter Treatments

- A catheter is a long, thin tube that can be used to fix a valve or put a new valve in place
- TAVR uses a catheter to replace the aortic valve
- MitraClip is a small device that helps the mitral valve close tighter
- TMVR uses a catheter to replace the mitral valve
- Balloon Valvotomy uses a catheter with a tiny balloon at the end. The balloon opens up a narrow mitral or aortic valve to let more blood flow through it.

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Healthy Valve Tips

Tips to take care of your heart after surgery and keep untreated valve damage from getting worse:

- See your heart doctor for regular visits



- Take all your medications like your doctor tells you to



- Control your blood pressure

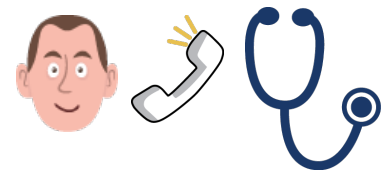


- Prevent heart valve infection (endocarditis)

- Take care of your teeth and gums –
Brush your teeth and see your dentist for regular check-ups



- Ask your doctor if you need to take medications
to prevent infection before medical or dental procedures



- Avoid dirty needles that can be used for tattoos,
body piercings, and IV drug use



- Call your doctor if you have signs of infection

