



COUNSELING

Under the Neurological Institute, the Department of Psychiatry and Psychology provides internship opportunities for students nearing completion of Masters Degree programs in Community Counseling. The Cleveland Clinic currently is an approved practicum/internship site for two area Masters programs both of which are accredited by the Council for the Accreditation of Counseling and Related Education Programs (CACREP). The Cleveland Clinic program fulfills the final experiential competent required for licensure in the State of Ohio as a Professional Counselor (PC). Individual practicum/internship programs are structured to include 700 hours of on-site time with a minimum of 240 hours in direct patient service. A holistic, wellness and developmental perspective towards counseling is utilized. The program addresses core competencies of counseling: interviewing, diagnosis and assessment, treatment planning, documentation, and professional, ethical and legal aspects of the counseling profession. The approach of this program is highly collaborative and team-based allowing the intern to work with a wide range of hospital personnel, including psychiatrists and physicians, psychologists, counselors, social workers, and psychiatry and medical residents. Interns are encouraged to participate in educational and training opportunities provided by the Department of Psychiatry and Psychology. A Professional Clinical Counselor (PCC-S)/Psychologist provides supervision. Interns rotate around several practice areas. The time spent varies according to the interest and needs of the intern.

- **General and Health Psychology**
The intern provides assessment, diagnosis, treatment planning, and follow-up individual counseling sessions. Counseling services are directed to the adult outpatient population.
- **Psychiatric Consultation Liaison (CL Team)**
The intern joins a multidisciplinary team requested for a consult for medical and/or surgical patients. The intern assists psychiatry and medical residents in completing initial assessments of patients, rounds with the staff psychiatrist, and performs individual supportive counseling to patients.
- **Alcohol and Drug Recovery Center (ADRC)**
The intern leads twice-weekly didactic and experiential stress management and relaxation groups. The intern also observes or participates in chemical dependency assessments and provides supportive counseling.
- **Psychiatry – Chronic Pain**
The intern assists a multidisciplinary team working with individuals in the psychiatric chronic pain program. The intern will receive experience in individual counseling, group counseling, relaxation training/biofeedback and testing. The intern is expected to give a minimum of twenty hours weekly for four weeks.

For more information, contact Karen Broer, PhD, Director, at (216) 444-0480 or by e-mail at broerk@ccf.org.