

Office Visit Patient Information

What To Expect During Your Visit To The Pelvic Floor Clinic In The Exam Room

1. You will be roomed to an exam room by a nurse who will ask you some questions and take your vital signs (temperature/pulse/BP).
2. You may be seen by the resident or your doctor's nurse practitioner/nurse.
3. You will then be seen by your doctor who will talk to you. You will undergo an examination that may include an anal exam (digital rectal exam and an anoscopy/proctoscopy (exam using a viewing scope). You may be examined sitting on a commode.
4. You may undergo additional testing if needed (anal manometry and/or anal ultrasound).
5. Your doctor will explain your symptoms and their correlation to a disease process and explain a treatment plan.

Before You Leave

1. Make sure you are satisfied with your doctor's plan of testing and treatment.
2. Make sure your questions are answered.
3. Have a means of communicating with your doctor/nurse (visiting card/phone number).
4. Do you have a follow up scheduled?
5. If you are not satisfied with your instructions please talk to the doctor/nurse before you leave
6. Please complete all questionnaires that you are asked to fill.