



## DIGESTIVE DISEASE INSTITUTE

# Mikati Center for Liver Diseases

### Understanding Liver Disease

Seeking treatment as soon as possible is critical when it comes to many liver diseases. Don't delay. We can help, no matter how rare or hard to treat.

## ABOUT US

The Mikati Center for Liver Diseases, part of the Digestive Disease Institute, offers experienced liver specialists to accurately diagnose and offer advanced treatments for all types of liver diseases.

Established in 2013, the Mikati Center was made possible by a generous philanthropic gift of the Mikati family and is dedicated to sustaining and improving the lives of those with liver diseases through advances in research, innovation and education. The center unites all of the specialists patients with liver disease need in one setting and helps create individualized treatment plans that are best for them.

In addition to benefiting from our clinical experience, our patients also have the advantage of an active research team that continues to play a key role in developing and testing of new treatments. This means our patients have access to clinical trials, should they qualify. These research studies not only provide treatments otherwise unavailable, but they also help us expand our overall understanding of liver disease.

## ABOUT LIVER DISEASES

Many common liver diseases can cause the organ to become inflamed.

This inflammation can progress to scarring, or cirrhosis. It is critical that patients with cirrhosis seek help because they are at an increased risk for liver cancer or liver failure. Liver cancer and liver failure can be treated by a multidisciplinary approach including radiation, medication, or surgery, including transplant.

## WHAT WE TREAT

### VIRAL HEPATITIS

Viral hepatitis is liver inflammation caused by one of three virus forms, A, B or C.

### FATTY LIVER DISEASE

Fatty liver disease is an excess buildup of fat in the liver — or more than 5 to 10 percent of the liver's total weight. This condition is most common in those who are overweight, diabetic or have metabolic syndrome.

### GENETIC LIVER DISEASES

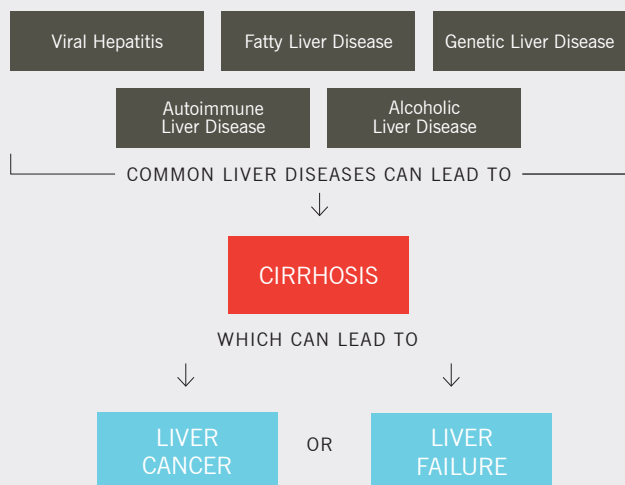
Our group has extensive experience diagnosing and treating hereditary genetic liver diseases. We are committed to counseling families with genetic liver diseases about the risk of their children and first-degree relatives having the same genetic liver disease and arrange appropriate screening tests those for:

- Hereditary hemochromatosis
- Wilson's disease
- Alpha-1 antitrypsin deficiency (Alpha-1)
- Hereditary amyloidosis

### AUTOIMMUNE LIVER DISEASE

Our hepatologists specialize in treating autoimmune liver disease, or conditions in which the body's immune system attacks the liver. These include:

- Primary sclerosing cholangitis
- Autoimmune hepatitis
- Primary biliary cirrhosis



Our team works closely with patients to help them best manage their disease, provide emotional support and aid with lifestyle decisions.

## DIRECTIONS TO CLEVELAND CLINIC DIGESTIVE DISEASE INSTITUTE

**9500 Euclid Avenue | Cleveland, OH 44195**

- Parking is available in Parking Garage #2 at the corner of E. 100 Street and Carnegie Avenue.
- Enter the Crile, or "A" building through the attached skyway.
- You will arrive on the second floor of the A building.
- Take the elevators to the third floor, and check in at desk A30.

## LIVER CANCER (HEPATOCELLULAR CARCINOMA)

At Cleveland Clinic, liver cancer is diagnosed and treated by a multi-disciplinary team that includes our hepatologists and experts from a number of other departments, including hepato-pancreato-biliary surgery, interventional radiology and medical oncology. As with any cancer, early diagnosis is critical. In collaboration with Cleveland Clinic Taussig Cancer Institute, patients are provided a wide variety of treatment options, including access to appropriate clinical trials.

## LIVER TRANSPLANTATION

Cleveland Clinic's liver transplant program is an essential component of a broad medical and surgical strategy to manage all patients with liver disease with the most appropriate therapy. Experts in all areas of liver disease participate in the evaluation, management, treatment and follow-up of liver transplant patients. Our liver transplant program has performed more than 1,200 liver transplants since in 1984 and has been recognized by outside professional groups for its growing volume and excellent patient outcomes. Cleveland Clinic's liver transplant program is a member of the Ohio Solid Organ Transplant Consortium and the United Network for Organ Sharing, meeting all their requirements for liver transplants. In addition, Cleveland Clinic has an approved and very active living-donor program.



## SPECIAL ASSISTANCE FOR OUT-OF-STATE PATIENTS

Cleveland Clinic's Medical Concierge program is a complimentary service for patients who travel to Cleveland Clinic from outside Ohio. Our patient care representatives facilitate and coordinate the scheduling of multiple medical appointments; provide access to discounts on airline tickets and hotels, when available; make reservations for hotel or housing accommodations; and arrange leisure activities.



Cleveland Clinic has been ranked No. 2 in the nation for gastroenterology services by *U.S. News & World Report* since 2003.

