

Physician Presentation Recap



Room I - 5:45 PM Presentation



Dr. James Zins

Facelift and Facelift Alternatives:

Not everyone with facial aging needs a facelift

Takeaways

- When facial proportions are not ideal, surgical correction has a decided affect
- Facial aging is a global phenomenon affecting the entire face: forehead, orbits, cheeks, neck
- Facial areas most commonly treated: nasolabial folds, lips, marionette lines, oral commissures, and tear trough

Room II - 5:45 PM Presentation



Dr. J. Vicente Poblete

Liposuction and Tummy Tucks:

Optimizing results in body contouring by combining liposuction with tummy tucks

Takeways

- Tummy tuck only: tightens muscle and removes excess skin
- Lipo-tummy tuck: tightens muscle, removes excess skin and liposuction is performed on remaining fat
 - Improved body contouring and safe in properly selected patients

Room I – 6:10 PM Presentation



Dr. Catherine Hwang

Don't Forget About the Brows

Takeaways

- Brows become deflated and hooded over time
- Consultation can include discussion about deflation, brow position, eyelid position, skin quality, volume, asymmetry
- If and when fillers and Botox aren't enough, surgery can be a consideration

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Dr. Julian Perry

Eyelids Sags and Bags

Takeaways

- Not all sags/bags are the same
- Each sag/bag = different treatment
 - Fat: remove it
 - Hollow: fill it in
 - Fat & Hollow: reposition fat

Room II – 6:10 PM Presentation



Dr. Peter Ciolek

Combined Cosmetic and Functional Rhinoplasty

Takeaways

- Structure, anatomy, allergies and inflammation can affect nasal breathing
- Office consultation will include history, exam, photos, morph, and plan

Room II – 6:10 PM Presentation



Dr. Francis Papay

The Aesthetics of Rhinoplasty

Takeaways

- Common nose features addressed
 - Bump on nose
 - Too wide
 - Bulbous tip
 - Large, flared nostrils
 - Disproportional

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Dr. Shilpi Khetarpal

Ultherapy/Thermage:

Non-Invasive Skin Tightening

Takeways

- Ultherapy: uses ultrasound to tighten skin on face and other areas, improves lines and wrinkles on upper chest, and lifts neck, chin, and brow
- Thermage: uses radiofrequency energy to help stimulate collagen growth resulting in overall lighter, more contoured appearance

Room II – 6:45 PM Presentation



Dr. Kiyanna Williams

Cosmetic Procedures in Skin of Color Patients: Lasers, Peels and Microneedling

Takeways

- For laser hair removal, selection of laser is key and may require a “test spot”
- Superficial peels are made of acids that are applied to face and result in exfoliation/ superficial peeling of the skin to treat acne, dyspigmentation, acne scarring (TCA)
- Microneedling uses small needles to create pinpoint openings in the skin to stimulate collagen production

Room I – 7:10 PM Presentation



Dr. Steven Bernard

PRP Scalp: High Tech Hair Restoration

Takeaways

- Platelet rich plasma therapy is based on direct stimulation of stem cell in dermal papilla via growth factors
- Hair growth varies for each individual and for optimal results, multiple treatments are recommended

Room II – 7:10 PM Presentation



Dr. Graham Schwarz

Aesthetic & Functional Breast Surgery

Takeaways

- Augmentation – address volume, shape, asymmetry
- Breast Lift (Mastopexy) – lift and reshape, reposition nipple and areola
- Breast Reduction – address volume, limited function, back and/or neck pain, shoulder grooves, recurrent rashes



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