

For information on any of the services listed call the Patient Resource Center at 216.445.CARE (2273).

### Monthly events

#### Brain Tumor Support Group

Fourth Tuesday, 5 – 6 p.m.  
Virtual meeting on Zoom, call 216-636-0007, select option 2 to register.

#### Survivorship Celebration and Symposium:

A free virtual event dedicated to recognizing, educating and supporting patients on their cancer survivorship journey.  
Saturday, September 25, 8 a.m. – 12 p.m. Register using the link:  
[clevelandclinic.org/survivorshipcelebration](https://clevelandclinic.org/survivorshipcelebration)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Reserve a spot for Art Therapy, please call 216-444-2479. *Yoga is now being held on the 5 <sup>th</sup> floor in conference room CA5-120A.			1	2	3	4
5	6	7 12-12:15 p.m. Mindfulness Meditation *Meditation Rm 10-11:30 a.m. Yoga *CA5-120A/5 <sup>th</sup> flr	8	9 10-11:30 a.m. Yoga *CA5-120A/5 <sup>th</sup> flr	10	11
12	13	14 12-12:15 p.m. Mindfulness Meditation *Meditation Rm 10-11:30 a.m. Yoga *CA5-120A/5 <sup>th</sup> flr	15 1:30-2:30 p.m. Guest musician Doug Wood, Guitar *Lobby	16 10-11:30 a.m. Yoga *CA5-120A/5 <sup>th</sup> flr	17	18
19	20	21 12-12:15 p.m. Mindfulness Meditation *Meditation Rm 10-11:30 a.m. Yoga *CA5-120A/5 <sup>th</sup> flr	22 1:30-2:30 p.m. Guest musician Kent Collier, Cello *Lobby	23 10-11:30 a.m. Yoga *CA5-120A/5 <sup>th</sup> flr	24	25 8 a.m. -12:00 p.m. Survivorship Celebration and Symposium *Virtual Event
26	27	28 12-12:15 p.m. Mindfulness Meditation *Meditation Rm 10-11:30 a.m. Yoga *CA5-120A/5 <sup>th</sup> flr	29 1:30-2:30 p.m. Guest musician Ariel Clayton Karas, Violin *Lobby	30 10-11:30 a.m. Yoga *CA5-120A/5 <sup>th</sup> flr		



Cleveland Clinic

Cancer Center



## Patient Services

Located on the 1<sup>st</sup> floor of the Taussig Cancer Center

Class schedule available on the reverse side of this flier and in the Patient Resource Center.

For more information on any of the services listed, call the Patient Resource Center at 216.445.CARE (2273), unless otherwise indicated.

### Patient Resource Center

The Scott Hamilton & Helen McLoraine Patient Resource Center provides brochures, a lending library, Internet access, and information on support groups, patient-related events, transportation and lodging. Monday–Friday, 7:30 a.m.–4 p.m. 216.445.CARE (2273)

### 4th Angel Mentoring Program

Receive complimentary, one-on-one phone or email support from patient or caregiver mentors who have made the same journey you are about to begin.

216.445.8734 | Toll-free 866.520.3197, 4thangel.org | 4thangel@ccf.org

### Art Therapy

Patients and families can explore the expressive, healing power of art using a variety of media, including drawing, painting, collage and sculpture. 216.444.2479

### Chemocare.com

A comprehensive resource that provides chemotherapy drug and side effect information, cancer wellness information, and links to additional reliable resources and organizations.

### High Tea at Taussig

Relax during tea time with patients, families, friends and staff. High Tea is held weekly in the lobby. No reservations necessary. Wednesdays, 2:30–3:30 p.m.

### Mindfulness Meditation

A trained and certified meditation guide provides complimentary mindfulness meditation services to patients and their family members. 216.445.9415

### Music Therapy

Explore the creative, expressive ways music can aid patients and family members during treatment through listening, reflecting, singing or playing. 216.636.3715

### Reflections Wellness Program

Take time to relax with reiki, reflexology, massage, skin care and cosmetic consultations. Services are complimentary for Cleveland Clinic patients currently being treated for cancer. Monday–Friday, by appointment. 216.444.3527

### Reiki

Reduce stress and anxiety and increase relaxation and energy levels through the “power of the human touch”. This complementary wellness therapy promotes healing and a sense of positive well-being. Reiki therapy is available in the Taussig chemotherapy treatment rooms on Tuesdays and Wednesdays, 9:30 AM - 2:30 PM, and virtually via Zoom on Thursdays, 9:00 AM–2:00 PM. Call for appointments: 216-312-4034.

### Wig Boutique

The wig boutique carries complimentary wigs, hats and other accessories for our adult patients actively undergoing treatment. Monday–Friday, 8 a.m.–3:30 p.m. or by appointment. 216.445.6885

### Yoga

Complimentary classes. Patients and families are welcome. Tuesdays and Thursdays, 10–11:30 a.m. 440.840.1839